

DENTAL VISION AND HEARING RESOURCE LIST



Traditional Medicare has no dental coverage and does not cover eye glasses or refraction exams except after cataract surgery. Hearing services are limited to only an initial evaluation for age related hearing loss.

Medicare beneficiaries who sign up for Medicare Advantage Plans may receive dental, vision & hearing benefits but the coverage can vary between plans. There are Innovative Medicare Supplements (Plans F and G only) which offer Vision and Hearing as Extra benefits. Some regular Medigap insurers offer significant premium discounts if you also enroll in their dental plans.

Contra Costa HICAP has developed a list of Dental, Vision, and Hearing resources. Each resource includes a contact telephone number and website address seen below.

This list is not all inclusive and these services are not endorsed by Contra Costa HICAP but are offered in good faith. It is the responsibility of the consumer to research all medical plans before purchase.

Contra Costa County **Health Insurance Counseling and Advocacy Program (HICAP)**
400 Ellinwood Way, Pleasant Hill, CA 94523

Contact Us: (925) 655-1393, (800) 510-2020, or (800) 434-0222

Visit: cchicap.org then 'Contact Us' Email: ehsdhicap@ehsd.cccounty.us



Navigating Medicare

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Dental Vision and Hearing Resource List

Dental Insurance Plans

Company Name with LINK	Phone Number
AARP Dental Plan (Delta Dental)	(866).583.2085
Anthem Blue Cross	(833) 901 1364
Blue Shield of California (also bundled vision)	(510) 607-2000
Delta Dental of California	(800) 434-9128
Employees Health Insurance Services, Inc*	(858) 481 8990
Guardian Direct	(888) 482-7342
Humana	(844) 486 2547
Physicians Mutual Insurance Company	(800) 237-5138
United Healthcare	(866) 487-9299
Vision Plan of America* (bundled with vision)	(800) 400 4872

Some Medigap companies also offer Dental plans with premium discounts if you have a Medigap plan with them

Low-Cost Dental Clinics

Company Name with LINK	Phone Number
Berkeley Free Clinic	(510) 548-2570
Diablo Valley College Hygiene Clinic	(925) 969-2692
Smile California (part of Medi-Cal)	(800) 322-6384
La Clinica - Dental	(510)535-4000
UCSF School of Dentistry	(415) 476-1891
Lifelong Medical Care - Dental Care	Several clinics in West County
U. of the Pacific School of Dentistry	(415) 929-6501
Native American Health Center Dental Clinic	(510) 535-4400

Dental Vision and Hearing Resource List

Vision Insurance Plans

Company Name with LINK	Phone Number
Employee's Health Insurance Services*	(858) 481 8990
Humana	(866) 597-0895
Vision Plan of America*	(800) 400 4872
Vision Service Plan (VSP)	(800) 877-7195

*Company will customize plans to meet Medi-Cal Share of Cost 'spend down'.

Hearing Resources

Company Name with LINK	Phone Number
Ear of the Lion Foundation	(800) 327 8077
United Healthcare Hearing	(855) 523 9355
TRuHearing (hearing aid discount program that works with insurance provider)	(800) 334 1807
Veterans Hearing Aid Benefits (VA)	(303) 273-6200

Online Insurance Brokers

Company Name with LINK	Phone Number
DentalInsurance.com (Broker)	(800) 296-3800
DentalPlans.com (Savings Plans & Broker)	(888) 632 5353
eHealth.com (Broker)	(877) 238 9166

Low Cost Medical Clinics

Company Name with LINK	Phone Number
Native American Health Center - Medical Clinic	(510) 535-4400
La Clinica Health Centers	(925) 363-2000