

Did You Know?

Each year Medicare

Prescription Drug Plans and

Advantage Plans can be

changed. HICAP can help you

compare options that are

available the next year.

Changing plans during Annual

Open Enrollment may save you

money and increase your

benefits.

LOCAL HELP FOR PEOPLE WITH MEDICARE



Client Stories

"Counselor was very helpful answering questions." Pittsburg, Ca.

*"I had a complicated situation and the HICAP Counselor did great research that helped me make the right decision."
Rossmoor, Ca.*

"Excellent, counselor was very knowledgeable." Pleasant Hill, Ca.

Become a HICAP Volunteer!

Contact Us

Contra Costa County HICAP
400 Ellinwood Way
Pleasant Hill, California 94523

(925) 655-1393 or (800) 510-2010

For hearing or speech impaired using a telecommunication device, call Relay Service 711.

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Contra Costa County Health Insurance Counseling and Advocacy Program HICAP

(925) 655-1393

(800) 510-2020



Need Help with Medicare

HICAP Counselors can help guide eligible seniors and disabled adults in finding the right Medicare supplemental insurance plans, enrollment assistance, long term care insurance, prescription drug coverage, lowering prescription drug costs, Medicare claims and billing issues.

Registered State of California Counselors are available in your community to provide personal 1 on 1 counseling, virtual counseling and counseling by phone or you can attend one of our community educational presentations.

About Us

Contra Costa County Health Insurance Counseling and Advocacy Program (HICAP) is a supportive resource to Medicare eligible beneficiaries, disabled adults, their family members and caregivers who need assistance in navigating through the various Medicare plan options and need enrolling help. HICAP Counseling services are provided by trained counselors registered with California Department of Aging. Counselors act in good faith to provide information about health insurance policies and benefits to Medicare beneficiaries.

HICAP Counselors provide free, unbiased counseling, education, advocacy and resources for clients to make informed decisions concerning their individual health care needs.



We Are Here to Help Learn about:

- **Medicare Benefits**
- **Medicare Supplemental Insurance**
- **Medicare Health Plans**
- **Prescription Drug Coverage**
- **Extra Help with Prescription Drug Coverage**
- **Medicare Saving Programs**
- **Preventive Care Services**
- **Long Term Care Insurance**
- **Legal Assistance Referrals with Medicare Denials, Appeals or Billing**
- **Medicare Fraud/Prevention – How to Detect, Report Healthcare Fraud**

HICAP Services are Free!
No Plans are Sold or Endorsed!

Visit our Website: www.cchicap.org