

# Contra Costa HICAP

## Annual Enrollment Counseling Events - Fall 2022

Individual Counseling to help you review your coverage for 2023

Date / Time	Location	Address
Tues., Oct. 25 10 AM - 12 PM	Brentwood Sr. Center*	193 Griffith Lane Brentwood
Mon., Nov. 7 11AM - 2 PM	Concord Sr. Center	2727 Parkside Drive Concord
Tues., Nov. 8 11AM - 2 PM	Antioch Sr. Ctr.	415 West 2nd Street Antioch
Wed., Nov. 9 10AM - 2 PM	San Pablo Library	13751 San Pablo Avenue San Pablo
Wed., Nov. 9 1 - 2:45 PM	Pittsburg Sr. Center*	300 Presidio Lane Pittsburg
Thurs., Nov. 10 9 AM - 3 PM	Rossmoor Creekside Clubhouse, Fairway Room	Residents Only
Sat., Nov. 19 9 AM - 3 PM	Contra Costa Employment and Human Services Offices	500 Ellinwood Way Pleasant Hill

**Contact HICAP** to schedule an individual appointment for most\* of these events. Walk-ins can also be accommodated on a first-come, first-served basis. Please bring the attached Prescription Worksheet with you to your appointment.

**\*Note that the Pittsburg and Brentwood events will not have scheduled appointments.** There will be a short review of 2023 Medicare updates, followed by brief individual counseling and scheduling for follow-up if needed for complex matters.

Click here for list of [2023 Medicare Update group presentations](#)

### Contra Costa Health Insurance Counseling and Advocacy Program (HICAP)

For assistance call HICAP: 925-655-1393,  
or 800-434-0222, or 800-510-2020 (from land lines)

e-mail: [ehsdhicap@ehsd.cccounty.us](mailto:ehsdhicap@ehsd.cccounty.us) Visit: [www.cchicap.org](http://www.cchicap.org)



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Navigating Medicare