

DENTAL VISION AND HEARING RESOURCE LIST



Traditional Medicare has no dental coverage and does not cover eye glasses or refraction exams except after cataract surgery. Hearing services are limited to only an initial evaluation for age related hearing loss.

Medicare beneficiaries who sign up for Medicare Advantage Plans may receive dental, vision & hearing benefits but the coverage can vary between plans. There are Innovative Medicare Supplements (Plans F and G only) which offer Vision and Hearing as Extra benefits. Some regular Medigap insurers offer significant premium discounts if you also enroll in their dental plans.

Contra Costa HICAP has developed a list of Dental, Vision and Hearing resources. Each resource includes a contact telephone number and website address seen below.

This list is not all inclusive and these services are not endorsed by Contra Costa HICAP but are offered in good faith. It is the responsibility of the consumer to research any and all medical plans before purchase.



Contra Costa Health Insurance Counseling and Advocacy Program (HICAP)

For assistance call HICAP: 925-655-1393,
or 800-434-0222, or 800-510-2020 (from land lines)

e-mail: ehsdhicap@ehsd.cccounty.us Visit: www.cchicap.org



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Dental Insurance Company Plans

AARP Dental Plan (Delta Dental)	(866) 583 2085	www.deltadentalins.com/aarp
Anthem Blue Cross	(855) 875 1584	www.anthem.com/individual-and-family/dental-insurance
Blue Shield of California (also bundled vision)	(888) 273-4546	https://www.blueshieldca.com
Delta Dental of California	(800) 765 6003	www.deltadental.com
Employees Health Insurance Services, Inc*	(858) 481 8990	www.ehisinc.com
Guardian Direct	(866) 569 9900	www.guardiandirect.com
Humana	(855) 202 4081	www.humana.com/dental-insurance
Nationwide Dental	(480) 776 5040	www.nationwide.com/personal/insurance/multi-flex-dental-plan
Physicians Mutual Insurance Company	(844) 420 6529	www.physiciansmutual.com/web/dental
United Healthcare	(800) 273 8115	https://www.uhone.com/shop/en/#/plans/dental
Vision Plan of America* (bundled with vision)	(800) 400 4872	www.visionplanofamerica.com

Some Medigap companies also offer Dental plans with premium discounts if you have a Medigap plan with them

Online Insurance Brokers

DentalInsurance.com (Broker)	(844) 222 3308	www.dentalinsurance.com
DentalPlans.com (Savings Plan)	(855) 638 5123	www.dentalplans.com
eHealth.com (Broker)	(844) 801 1356	www.ehealthinsurance.com/dental-insurance

Vision Plans

Employee's Health Insurance Services*	(858) 481 8990	www.ehisinc.com
Humana	(855) 832 8335	https://www.humana.com/vision-insurance
Vision Plan of America*	(800) 400 4872	www.visionplanofamerica.com
Vision Service Plan (VSP)	(800) 785 0699	https://www.vsp.com

*Company will customize plans to meet Medi-Cal Share of Cost 'spend down'.

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Dental Clinics/Low-Cost Services

Berkeley Free Clinic	(510) 548 2570	www.berkeleyfreeclinic.org
Diablo Valley College Community Dental Clinic	(925) 969 2692	https://www.dvc.edu/academics/departments/hygiene/community-clinic.html
Denti-Cal Dental (for Medi-Cal beneficiaries)	(800) 322 6384	www.dental.dhcs.ca.gov
La Clinica (locations in Pittsburg and Concord)	(925) 363 2000	https://laclinica.org/service/dental/
Lifelong Medical Care (locations in Pinole, San Pablo, and Richmond)	(510) 981 4100	www.lifelongmedical.org
UCSF School of Dentistry	(415) 502 5800	https://www.ucsf dentalcenter.org/
University of the Pacific Dugoni School of Dentistry San Francisco Clinic Union City Clinic	(415) 929 6501 (510) 489 5200	https://dental.pacific.edu/dental/dental-services

Hearing Resources

Ear of the Lion Foundation	(800) 327 8077	https://earofthelion.org/
Epic Hearing Healthcare (thru United Healthcare, formerly Audient Alliance)	(855) 523 9355	www.uhchearing.com
TRuHearing (hearing aid discount program that works with insurance provider)	(800) 334 1807	www.truhearing.com
Veterans Hearing Aid Benefits (VA)	(800) 827 1000	www.prosthetics.va.gov/psas/hearing_aids.asp