

DENTAL VISION AND HEARING RESOURCE LIST

Traditional Medicare has no dental coverage and covers few vision or hearing services. Medicare beneficiaries who sign up for Medicare Advantage Plans or Innovative F & G Medicare Supplements may receive some of these dental, vision & hearing benefits but the coverage can vary between plans.

Contra Costa HICAP has developed a list of Dental, Vision and Hearing resources. Each resource includes a contact telephone number and website address seen below.

This list is not all inclusive and these services are not endorsed by Contra Costa HICAP but are offered in good faith. It is the responsibility of the consumer to research any and all medical plans before purchase.

For assistance with Medicare contact:

Contra Costa HICAP: 925.655.1393 or 800.434.0222 or 800.510.2020 (from land line only)

www.cchicap.org



LOCAL HELP FOR PEOPLE WITH MEDICARE

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Dental Insurance Company Plans

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| AARP Dental Plan (Delta Dental) | (866) 583 2085 | www.deltadentalins.com/aarp/ |
| Anthem Blue Cross | (855) 875 1584 | www.anthem.com/individual-and-family/dental-insurance/ |
| Delta Dental of California | (800) 765 6003 | www.deltadental.com/ |
| Employees Health Insurance Services, Inc* | (858) 481 8990 | www.ehisinc.com/ |
| Guardian Direct | (866) 569 9900 | www.guardiandirect.com/ |
| Humana | (855) 202 4081 | www.humana.com/dental-insurance |
| Nationwide Dental | (480) 776 5040 | www.nationwide.com/personal/insurance/multi-flex-dental-plan/ |
| Physicians Mutual Insurance Company | (844) 420 6529 | www.physiciansmutual.com/web/dental |
| United Healthcare | (800) 273 8115 | www.uhc.com/individual-and-family/dental-insurance |
| Vision Plan of America* | (800) 400 4872 | www.visionplanofamerica.com/ |

**Company will customize plans to meet Share of Cost spend down*

Online Insurance Brokers

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|---------------------|-------------------------|----------------|--|
| DentalInsurance.com | Insurance Broker | (844) 222 3308 | www.dentalinsurance.com/ |
| DentalPlans.com | Dental Savings Plans | (855) 638 5123 | www.dentalplans.com/ |
| eHealth | Insurance Broker | (844) 801 1356 | www.ehealthinsurance.com/dental-insurance |

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Dental Clinics/Low Cost Services

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| Berkeley Free Clinic | (510) 548 2570 | www.berkeleyfreeclinic.org/ |
| Diablo Valley College Community Dental Clinic | (925) 969 2692 | www.dvc.edu/academics/ departments/dental-assisting/ community-dental-clinic.html |
| Denti-Cal Dental (for MediCal beneficiaries) | (800) 322 6384 | www.dental.dhcs.ca.gov/ |
| La Clinica (locations in Pittsburg and on Monument) | (925) 363 2000 | www.laclinica.org |
| Lifelong Medical Care (locations in Pinole, San Pablo, and Richmond) | (510) 981 4100 | www.lifelongmedical.org/ |
| UCSF School of Dentistry | (415) 502 5800 | dentistry.ucsf.edu/ |
| University of the Pacific Dugoni School of Dentistry San Francisco Clinic Union City Clinic | (415) 929 6501 (510) 489 5200 | dental.pacific.edu/dental |

Vision Plans

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|--|----------------|---|
| Employee's Health Insurance Services* | (858) 481 8990 | www.ehisinc.com/ |
| Humana | (855) 832 8335 | www.humana.com/vision- insurance |
| Vision Plan of America* | (800) 400 4872 | www.visionplanofamerica.com/ |
| Vision Service Plan (VSP) | (800) 785 0699 | www.vsp.com/ |

**Company will customize plans to meet Share of Cost spend down*

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Hearing Resources

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|--|----------------|---|
| Ear of the Lion Foundation* | (800) 327 8077 | earofthelion.org/ |
| Epic Hearing Healthcare (thru United Healthcare, formerly Audient Alliance) | (855) 523 9355 | www.uhchearing.com/home |
| TRuHearing (hearing aid discount program that works with insurance provider) | (800) 334 1807 | www.truhearing.com/ |
| Veterans Hearing Aid Benefits (VA) | (800) 827 1000 | www.prosthetics.va.gov/psas/ hearing_aids.asp |